

Archers, coaches, club leader's and parent/guardian of youth archers are responsible to know the rules and how to apply them.

When in doubt, ask for help. Questions? Ask a tournament judge.

**Dress code:** Most archers find a particular set of comfortable clothing and outerwear that is dress code compliant for competition. All athletes, coaches and participants to present a professional, athletic appearance while on the field. (No torn, ripped or badly faded clothing.) No camouflage or blue denim (jeans) may be worn at target events. (Denim permitted at FITA Field events) Camouflage accessories such as trim on shirts, caps, quivers, armguards, footwear, etc., are permitted.

Shorts, skorts and skirts must not be shorter than finger tip length while standing normally. Men and women are required to wear upper garments covering the front and back of the body and covering the midriff including when at full draw. Women's upper garments shall have a minimum shoulder strap of 3" or sleeves. Men's upper garments shall have short or long sleeves.

Sport/athletic shoes are recommended to all athletes and coaches during target events. Shoes must cover the entire foot. No images, language or representations considered offensive to others.

**Arrival:** Visit the venue before the event to learn the route. Look for food sources nearby. The tournament begins with check in and equipment inspection. Arrive 30 to 60 minutes before check in and practice. Often, unofficial practice is available. Note that archer seating can be minimal or nonexistent. Keep a spare chair handy.

**Check In:** Ask for direction and instruction then settle in and set up equipment. Seek out your target and shooting position assignment. Look around for a place to set up your bow, restrooms, snacks sales, where officials gather.

**Equipment inspection:** Bow, arrows marked, release/finger tab. All equipment may be inspected before or during the competition. Inspection includes, bow and bow mounted accessories, arrows (with archers initials marked on the shaft) and tab or release. Maximum arrow size is 9.3 mm (including arrows wraps). Arrow tips and points maximum 9.4 mm diameter. (Unwrapped Easton 2315 shaft are compliant, 2317 shafts are not.) A 9.3 mm shaft maybe wrapped up to 22 cm from the arrow nock groove.

<u>Compound bows</u> draw weight maximum is 60# and <u>may be</u> rechecked <u>during</u> the event. Maintain equipment compliance throughout the competition. Compound arrow rest overdraw maximum 6cm. Compounds may have a pep sight on the string.

<u>Recurve bows</u>, fiber optics and sights shall not extend more than 2 cms; there are no mechanical releases, no magnified lenses, and only one sight. Recurve arrow rest maximum 4cm.

Compound and recurve may have only <u>one</u> sight point or pin. No electronic devices. No electronics in the shooting area (including iPods and phones).

Spectators and press: Remain behind the archers seating area. No flash photography. Ask the DOS for permission to take photos down range.

**AB-CD:** Tournaments may have up to four archers shoot on a target matt in a process where two archers shoot on the target matt followed by the second two archers each end. One pair of archers are designated AB line and the second pair are designated CD. AB and CD archer lines alternate shooting each end first. AB-CD shooting afford for some time to use the restroom between ends.

A-B (C) can is one line. When using individual faces, each position, A B C D, has a specific target face placement.

**Official practice:** Be ready well before official practice, use the restroom before practice. There are many tasks to accomplish during official practice. Preparation before and during practice is a key to success.

- Exchange hellos with your fellow archers on and near your target.
- Place you bow to allow circulation, suggest others do the same if needed.
- Determine what faces will be used for practice and who will mount them.
- Find you shooting position on the shooting line.
- Outdoors, discuss and work out how best to manage tripods and scopes with the other archers on the target.
- Identify the timing equipment and AB-CD signage.
- Note if the target faces will be changed or arrows marked and faces used for competition.
- After a couple ends the goal is to have a rhythm and process underway for the day's competition.
- Look for score cards, clip boards and perhaps scoring devices.
- Invite a discussion on who has good handwriting and addition skills to fill score cards.
- Ask if there will be a break at a certain time.

**Parents:** If you suspect that a group of archers on a target need help scoring, recording values and adding, inform a judge so that they can seek help from a UN associated volunteer.

Whistle commands: 2 whistles come to the line. Do not raise you bow until... 1 whistle to shoot. 2 whistles = time up, next group, if any, can come to the line. 3 whistles = range is clear, score, mark and collect arrows. 5 or more whistle blasts, emergency, stop shooting immediately. Shoot your arrows after the single whistle or buzzer and before time expires.

**Shooting line:** Spotting scopes and tripods maybe left on the line if there are no objections from any of the archers shooting adjacent to the scope. Scopes to be no higher than the arm pit of the archers. Coaches and others may communicate to the archer provided the communication does not disturb other archers on the shooting line. Archers to remain entirely within their assigned position. Do not let any part of their body, clothing or equipment stray into another archer's space or make contact with others.

3 meter line (un shot arrow): The 3m line is on the target side of the shooting line. Any arrow that completely crosses the 3m line is considered shot. An arrow not fully across the 3m line is a un shot arrow. Archers are asked to use their judgment to determine if an arrow is across the 3m line or not. An arrow shot at a target butt that has fallen over or at a target face that has come off is time to call a judge.

**Waiting line:** Stay behind the waiting line until signaled. After you shoot your last arrow, return to the waiting area when the adjacent archers are not in the act of shooting. When less than half of the archers are still shooting, do not "spot" your last arrow to avoid delaying the tournament.

**Bow Arm:** When loading an arrow onto you bow, keep your bow pointed down range. Archers <u>may not raise the bow arm until the signal to start shooting is given.</u> When drawing, do not use any technique which could allow the arrow, if accidentally released, to fly beyond a safety zone or safety overshoot area, net, wall. <u>Do not point your bow upwards towards the sky or ceiling at any time including when drawing the bow.</u>

**Equipment Failure:** It happens. When it happens inform a judge. Take a step back and/or raise your hand to attract a judge's attention. The Director of Shooting (DOS) will determine if shooting will proceed while repairs are made or if the line can be held and make up arrows shot. In any case, equipment repairs and make up arrows cannot delay the tournament more than 15 minutes. (Traditionally a maximum of 6 to 12 make up arrows.)

**Bounce out, pass through, hanging arrows or shooting the wrong target face:** Again, inform a judge. All archers shooting on the same "target face" are to stop shooting. The archer and a judge will resolve the condition (score, mark hole, remove arrow) and then finish the end as directed.

Multi "spot" target face: Shoot only one arrow in each "spot". You may shoot the "spot" in any order.

**Scoring group:** <u>Tournament integrity depends on accurate scoring by the scoring group.</u> Score keepers mark arrow values on the scorecards. Archers may call their arrows values. The scoring group is to verify the called values and marked scorecards. If there is a disagreement as to an arrow value, call a judge before the arrows are withdrawn. A judge's call is final.

**USAA Outdoor target scoring:** There are 10 scoring rings. There is an inner most scoring ring termed the X ring. **USAA Indoor Tournament only - Scoring: All categories:** <u>Compound bow</u> only score the inner ten (X) ring as 10, the remainder of the gold is "9"; <u>Recurve bow</u> score the inner and outer ten ring at "10".

(JOAD Style Indoor Tournament only - Cub and Bowman: <u>Compound bow</u> Cub and Bowman shoot the 40 cm face and score the <u>outer</u> ten ring. <u>Recurve bow</u> Cub and Bowman shoot the 60 cm face and score the outer ten ring.)

**Scoring:** Don't touch arrows or the target until all the arrows are scored. An arrow shaft that touches the higher scoring ring or color is scored the higher value. Mark the arrow holes with two small thin ¼" marks at "right angles" at all arrow holes before pulling the arrows. Ask a judge to demonstrate arrow hole marking.

**Scorecards:** Make sure your name and figures are legible on the scorecards. A miss is marked on the score card as a "M". (Outdoors, the inner 10 ring is marked on the scorecard with an "X". Xs are 10s, when compiling the final totals, mark the combined total of Xs and 10s in the "10s" box.) Check the scorecard arrow values before the arrows are pulled, arrow values may not be changed after the arrows are removed from the target. Often there are two scorecards. Check that the arrow values on both score cards match before the arrows are withdrawn.

**Arrow Value Mistake:** After finishing scoring at the target, recheck the scorecard. A mistake on the scorecard may be corrected <u>before the arrows are withdrawn</u>, provided that everyone on the target scoring group agrees to the correction. Scorecard corrections must be witnessed and initialed by the scoring group. If in doubt, call a judge.

<u>Problems:</u> Bring up any problems with scoring before the arrows are withdrawn from the target. Mistakes hard to fix after the arrows are removed. Arithmetic maybe corrected after arrows are pulled. Ask a judge for help. Most problems can be avoided by prompt action. Filing an appeal is a last resort so as not to delay the tourney unnecessarily. Try to resolve issues by discussing and coming to a reasonable solution.

Mark arrow holes: Mark each arrow hole with two 1/8" long thin lines at 90 degrees to each other and the arrow shaft.

Scorecards tabulation: Each archer is responsible for the accuracy of their score card and to legibly fill in all the blanks, boxes and ALL signatures at the end of the round. Scorecards are to be submitted to the tournament upon completion, no later than one hour after the end of shooting in extra ordinary situations. The archers agree that the scorecard is correct once signed and received by the tournament. If a group is having difficulty or may be one of the later submittals, inform the tourney, prior to awards presentation and/or the results declared as official. Remain at the venue until the entire scoring group has signed all of the scoring group's scorecards. Have an official sign your scorecard if a record or qualifying score is to be claimed.

Official's signature: Have a tournament judge sign your scorecard to be eligible for records and recognition including Star pin achievement.

**Awards:** Find out if there will be an award presentation ceremony and take part to be respectful of the competition and the tourney host. **Help:** Ask if you can be of any help after the competition.

#### USAA Championships, "Take Two"

<u>Getting Ready for U.S. National Indoor Championships: Rules and Procedures</u> information from last season still applies: http://usarchery.org/blogs/blog-for-bob-pian/posts/2629-getting-ready-for-u-s-national-indoor-championships-rules-and-procedures

Two topic deserve more discussion. They are:

USA Archery Sportsmanship, Conduct and Ethics codes and Tournament rules.

#### **Tournament rules:** http://usarchery.org/resources/rules-regulations

The key concept for archers and event officials is that the goal of tournaments is to conduct a fair event with an outcome that is meaningful. When all is going as planned, the result is happy competitors and a satisfying outcome.

Mishaps are when problems arise. The key is for the archers and tournament officials to recognize that purpose of the tournament is fairness for the individual archer as well as the entire field of competitors. When mishaps take place, the rule should be applied with common sense fairness in mind. It is best if archers, coaches, club leaders and event official know the rules before competing. Tournaments are not the time to stop everything to research a rule. Instead all should be familiar with the rules, recognize the "intent" and know what to do when a mishap takes place.

# "But Bob, I don't have time to study the rule book cover to cover. I just want to come out and have fun!"

That's absolute fine and a reality for the recreational archer. Know that mishaps happen and the key is to keep smiling.

I hope we don't turn away an archer just because not all their arrows have the same color fletchings. When archers expect more from their competition, familiarity with the rules provides the opportunity for the archers to perform their best. (Hint: Don't shoot an arrow unless you are know that you should.) The USAA Officials and Rules committee <a href="http://usarchery.org/pages/7519">http://usarchery.org/pages/7519</a> is a great place to seek help and advice as are USAA judges in general <a href="http://usarchery.org/programs/judges">http://usarchery.org/programs/judges</a>.

# **USA Archery Sportsmanship, Conduct, Ethics codes and Pledges:** <a href="http://usarchery.org/resources/rules-regulations">http://usarchery.org/resources/rules-regulations</a> USAA Archery codes and pledges include;

- Code of Conduct (Harassment and Sexual Abuse, Conflict of Interest, Drug and Alcohol, Sportsmanlike Conduct and Whistleblower
  policy)
- Code of Ethics
- Athlete and Non Athlete pledges

They are required reading and are to be acknowledged by the USA Archery community as a whole. Together they reinforce that USA Archery is serious business. The goal is to achieve "the highest level of ethics, integrity, compliance and sportsmanlike conduct. Archers and supporters pledge to uphold the spirit of the codes, policies and pledges by taking part in USA Archery.

#### Code of conduct excerpts:

#### Sportsmanlike Conduct Policy

"It is a violation...to exhibit unsportsmanlike conduct at any USAA Event."

Unsportsmanlike Conduct is...a lack of respect for such person's teammates, competitors, officials, spectators or the sport of archery, that intends to detract from the ability of a teammate or competitor to attain peak performance..."

Examples of Unsportsmanlike Conduct include but are not limited to the following:

- Openly disputing or arguing with any decision by a judge or other official
- Using obscene or vulgar language that detracts from the ability of a teammate or competitor to attain peak performance, even if it is not directed at a particular person
- Intentionally disrupting or distracting a competitor in the course of competition
- Intentionally inaccurate scoring of any round of shooting
- Taunting of competitors, coaches, officials or others by means of baiting, ridiculing, threatening physical violence or physical violence

## **Drug and Alcohol Policy**

"It is a violation...to consume alcohol or any controlled substances, or to have any alcohol or controlled substance in their system, during the hours in which any competitor is actively competing or shooting at any USAA Event."

#### **Harassment and Sexual Abuse Policy**

- "It is a violation...to engage in any form of physical or verbal sexual harassment, or harassment of any kind based on age, sex, sexual orientation, citizenship, religion, race, disability or national or ethnic origin."
- "It is a violation...to sexually harass or sexually abuse any person..."
- "Harassment is defined as...communications or physical conduct that denigrates, criticizes, belittles or embarrasses, or is intended to
  denigrate, criticize, belittle or embarrass, any person on the basis of such person's age, sex, sexual orientation, citizenship, religion,
  race, disability or national or ethnic origins."
- "Example of Harassment include...Teasing or jokes, slurs, demeaning statements about an individual's such person's sexual orientation, citizenship, religion, race, disability or national or ethnic origins."

# "But Bob, won't this take away from good old fashion fun?"

I think we can benefit from a reminder that what is funny to one person is offensive or just plain wrong to many others. Consequence can be serious. USA Archery spans across neighborhoods, communities, states and regions and is a part of a bigger World Archery community. I believe that we will have better fun and take pride knowing that our events have integrity!

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